

EMPLOYMENT OPPORTUNITY

LIVING WELLNESS PRACTITIONER



POSITION TITLE:	LIVING WELLNESS PRACTITIONER
DEPARTMENT:	WELLNESS & GUEST EXPERIENCE
REPORTS TO:	RETAIL & WELLNESS OPERATIONS MANAGER
LOCATION:	SHOMPOLE(KENYA)

DELIVERABLES

1. Deliver therapeutic massage treatments in accordance with accredited training and licensure requirements.
2. Facilitate private and group Yoga sessions (minimum 200-hour trained standard).
3. Guide structured Meditation and Mindfulness sessions.
4. Conduct professional Breathwork sessions adhering to accredited safety protocols.
5. Complete thorough guest consultations and wellness intake assessments.
6. Screen for contraindications (pregnancy, hypertension, injuries, trauma sensitivity, etc).
7. Maintain clear professional boundaries and scope of practice.
8. Provide trauma-informed, emotionally intelligent guest support.

QUALIFICATIONS & EXPERIENCE

Education:

- Minimum 200-hour Yoga Teacher Training (YTT) certification (industry standard).
- Yoga Therapy Certification (C-IAYT), Massage Therapy, or a related field from a recognized institution (e.g., YTT).
- Minimum 500–625 hours classroom and hands-on training in massage from an accredited institution
- Certification or documented training in Meditation Facilitation and Breathwork techniques.
- Accredited Breathwork training of 200–400 hours minimum.

Experience:

- A minimum of 2–3 years of experience, preferably in a reputable spa and wellness setup.

Skills & Competencies:

- Active registration with relevant professional bodies (e.g., Yoga Alliance or Global Professional Breathwork Alliance where applicable).
- Able to provide personalized wellness journeys tailored to guest profiles.
- Ability to recognize emotional release responses.
- Able to provide grounded, safe containment during vulnerable experiences.
- Able to maintain calm, professional presence during unexpected emotional processing.
- Ability to establish trust in one-on-one and group environments.

HOW TO APPLY

Interested candidates are invited to submit their applications to:

opportunities.kenya@greatplainsconservation.com. The deadline for applications is **2nd April 2026**

A complete application must include:

- A cover letter outlining your interest and suitability for the role.
- A detailed CV highlighting relevant experience and qualifications.

PLEASE NOTE, DUE TO THE HIGH VOLUMES OF APPLICATIONS ONLY THOSE WHO ARE SHORTLISTED WILL BE CONTACTED